

**RYAN WHITE NUTRITIONAL SUPPLEMENTS**  
**Letter of Medical Necessity for Supplementation in CHILDREN**

Date: \_\_\_\_\_

As the primary medical caretaker for \_\_\_\_\_, who has a diagnosis of HIV/AIDS, it is my considered opinion that he/she requires enteric nutritional supplements.

I believe that nutritional supplements are medically indicated in this case and I have referred this patient for a professional Nutritional Assessment by a Registered Dietitian/Nutritionist.

I understand enteral nutrition must be evaluated by a Dietitian/Nutritionist every \_\_\_\_\_. (Please indicate period of time for nutritional re-evaluation. Number of refills authorized cannot exceed this period of time.)

Sincerely,

\_\_\_\_\_, M. D./ D.O./ ARNP/ PA-C

SIGNATURE

(Physician, Nurse Practitioner or Physician Assistant)

\_\_\_\_\_  
PRINT NAME

(Physician, Nurse Practitioner or Physician Assistant)

\_\_\_\_\_  
Florida Medical License #

\_\_\_\_\_  
PRINT NAME

(Registered Dietitian/Nutritionist)

\_\_\_\_\_  
SIGNATURE

(Registered Dietitian/Nutritionist)

\_\_\_\_\_  
Dietitian/Nutritionist Florida License #

**Nutrition Products Available Through Ryan White Title I**

Physician/ Nurse Practitioner/ Physician Assistant/ Dietitian/ Nutritionist, please indicate preferred product, flavor, number of servings recommended and number of refills authorized. (Dietitian/Nutritionist, please refer to the Criteria for Dispensing Nutritional Supplements FORM for patient's nutritional assessment on back page.)

Please document patient's: Height: \_\_\_\_\_ Weight: \_\_\_\_\_ ☐ Lbs ☐ Kgs IBW/UBW: \_\_\_\_\_ ☐ Lbs ☐ Kgs

**NOTE:** 1 Serving = 1 Can (8 fluid ounces)

**Boost Liquid is restricted to Children 18 years and under**

Boost Liquid- \_\_\_\_\_ No. of **SERVINGS per DAY**

Number of Refills Authorized \_\_\_\_\_

(Number of refills authorized cannot exceed period of time for re-evaluation by nutritionist/ dietitian as indicated above.)

Please indicate **FLAVOR** preference: ☐ Vanilla ☐ Chocolate ☐ Strawberry

**Resource Just for Kids is restricted to Children 1 - 10 years of age**

Resource Just for Kids- \_\_\_\_\_ No. of **SERVINGS per DAY**

Number of Refills Authorized \_\_\_\_\_

**Please note:** If the patient is on MEDICAID, please refer to the MEDICAID Medical Necessity Request Letter.

Patient's 10 digit MEDICAID Number: \_\_\_\_\_

## RYAN WHITE

### CRITERIA FOR DISPENSING NUTRITIONAL SUPPLEMENTS

The following are potential situations where commercial nutritional supplements could be considered medically indicated.

Patient must meet at least two (2) criteria listed below.

*(Consultation with a Registered Dietitian/Nutritionist for nutritional assessment and a Letter of Medical Necessity are required.)*

**Please check all that apply:**

- ☐ Current body weight < 10% IBW/UBW
- ☐ Weight loss of:
  - 5% of the initial/baseline weight over the past month -OR-
  - 7.5% over the past 3 months -OR-
  - 10% weight loss within the last 6 months
- ☐ Body Cell Mass (BCM) < 40% (MALES) or BCM < 35% (FEMALE) of IBW
- ☐ Body Mass Index (BMI) < 20
- ☐ Recent illness/hospitalization that will interfere with patient's ability to consume or tolerate adequate non-supplemental nutrition
- ☐ Diarrhea/malabsorption with > 3 large, liquid stools/day
- ☐ Dysphagia and/or odonyphagia where commercial supplements are the only source of nutrition tolerated
- ☐ Serum albumin < 3.5 g/dl
- ☐ Failure to gain/maintain weight in the past when following a dietary regimen to promote weight gain
- ☐ Inadequate living conditions or inability to buy/prepare meals
- ☐ Inability to understand and or follow nutritional recommendations

### NUTRITIONAL PLAN FOR SUPPLEMENTS

**I. INITIAL Consultation:** Date: \_\_\_\_\_ Weight: \_\_\_\_\_

Patient assessed/instructed by Registered Dietitian/Nutritionist: **(Please check the appropriate box)**

☐ Nutritional supplements **recommended** ☐ Nutritional supplements **NOT** recommended

**II. FOLLOW-UP Visit:** Date: \_\_\_\_\_ Weight: \_\_\_\_\_

Patient re-assessed for progress: **(Please check the appropriate box)**

☐ Nutritional supplements **continued** ☐ Nutritional supplements **discontinued**

**III. ADDT'L FOLLOW-UP Visit:** Date: \_\_\_\_\_ Weight: \_\_\_\_\_

Patient re-assessed for progress: **(Please check the appropriate box)**

☐ Nutritional supplements **continued** ☐ Nutritional supplements **discontinued**